

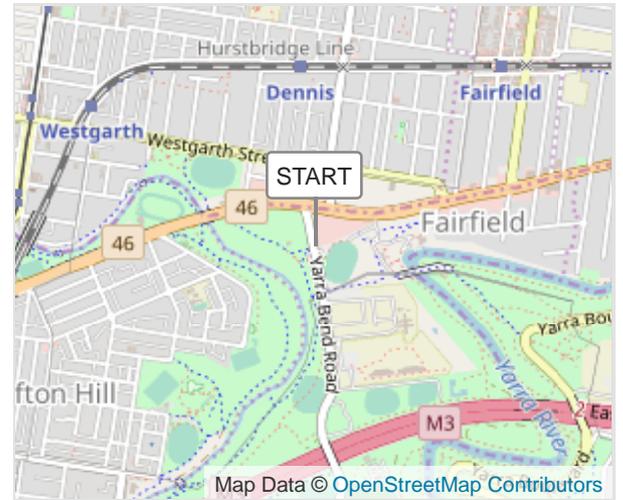


Keep Moving Ride 4b: Fairfield - Northcote



ROUTE INFORMATION

LENGTH	3.502 miles
ASCENT	200 ft
DESCENT	154 ft
HILLS	↑ 48.4% ↓ 33.9% → 17.7%
TERRAIN	Mixed
START	LAT: -37.785550, LNG: 145.008940



NOTES

This second section of Keep Moving Ride 4 starts in Fairfield Park

The start point can be reached from the end of Ride 4a by riding through the car park and turning right through a second car park to reach Yarra Bend Road.

Pass through a second smaller car park and cross a small road. Take the bike track on the right of a third car park, downhill through

T.H. Westfield Reserve in Yarra Bend Park. There are some steep pinches on this ride so you may need to use a low gear - or do, as many people do, dismount and walk.

All good to go! Follow the ROUTE DIRECTIONS.

Keep Moving Ride 4b: Fairfield - Northcote



ROUTE DIRECTIONS

No	Miles	Turn	Directions
1	0.000		This start point can be reached from the end of Ride 4a, by travelling through the car park and turning right through a second car park to reach the Yarra Bend Rd.
2	0.257	←	Turn left into the Heidelberg Rd pavement and cross the bridge. Then turn left down to the Merri Creek Bike Track.
3	0.347	←	Turn left toward Merri Creek Trail
4	0.369	←	Turn left toward Merri Creek Trail. There is a sign that points to COBURG LAKE 9.7km
5	0.416	←	Turn left onto the Merri Creek Trail and go downhill and under the bridge.
6	0.651	↗	Cross the creek twice and go past Clifton Hill Station (above and on your left). Pass under the bridge at Clifton hill and ascend to Rushall Station.
7	1.321	↗	Turn left to go through the underpass (on foot) and then turn right to go past Rushall Station. A sign that says 'Capital City Trail' is visible. If you continue along this path you will get to the zoo(maybe another day) but you will soon leave Capital City Trail and turn off to the right.
8	1.545	↘	Turn right and go slightly downhill and past a brick building on your left, then veer left.
9	1.658		Slight left and cross the creek on the steel bridge.
10	1.811	←	Turn left onto Merri Creek Trail and proceed. The road will be on your right and creek below you on the left.
11	1.892		Slight left to stay on Merri Creek Trail
12	1.940	←	Turn left into St Georges Rd and proceed over the bridge on the footpath. (The aim is to go under the bridge and continue alongside Merri Creek).
13	2.019	←	Turn left on to the Merri Creek Trail and loop round under the bridge. The Creek will now be on your right.
14	2.381	↗	Turn right to stay on Merri Creek Trail and continue until you pass Sumner Park and arrive at a steel bridge across the creek.
15	2.589	→	Cross the bridge and go uphill to reach Sumner Ave.
16	2.848		Cross to the St Georges Rd bike path at the Sumner Ave lights. Then go south (towards the city) along the bike path until you reach the next set of lights.
17	3.025	↖	Cross St Georges Rd at the lights to reach Westbourne Grove.
18	3.040	→	Go up Westbourne Grove. This is a steep pinch so use a low gear or do as many people do and walk the 20m.
19	3.175		Here you can choose to turn left along Hartington St and past the Greek Orthodox Monastery to reach Northcote Station or by turn right along Park St and arrive at Merri Station or even return to Rushall/Clifton Hill or Fairfield along the Merri Ck Trail.
20	3.500		Another good ride!