

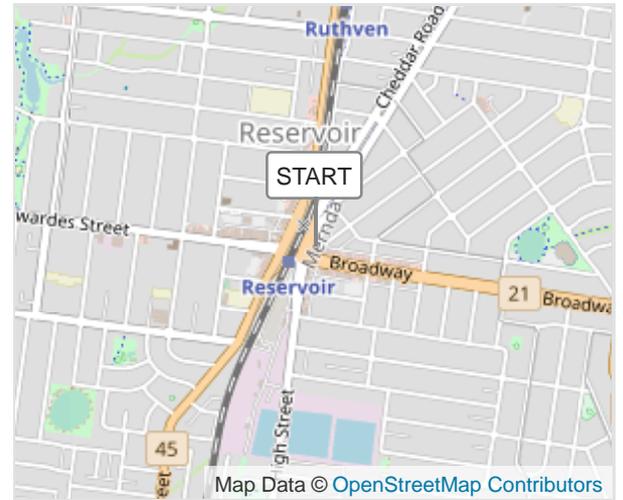


Keep Moving Ride 2: Reservoir - Macleod



ROUTE INFORMATION

LENGTH	4.868 miles
ASCENT	180 ft
DESCENT	295 ft
HILLS	↑ 35.6% ↓ 44.8% → 19.5%
TERRAIN	Mixed
START	LAT: -37.716500, LNG: 145.008130



NOTES

This ride starts at Reservoir Station and ends at Macleod. You can either ride back if your fitness is up to it or get the train home. It is a long way round but easier that way. If you take a friend it may be worth doing a car shuffle back to Reservoir.

It is a pleasant ride with a couple of steep sections so remember to use low gear or walk your bike up these hills.

Also it is good practice to get into the habit of crossing main roads at pedestrian lights. Always the safe way to do it.

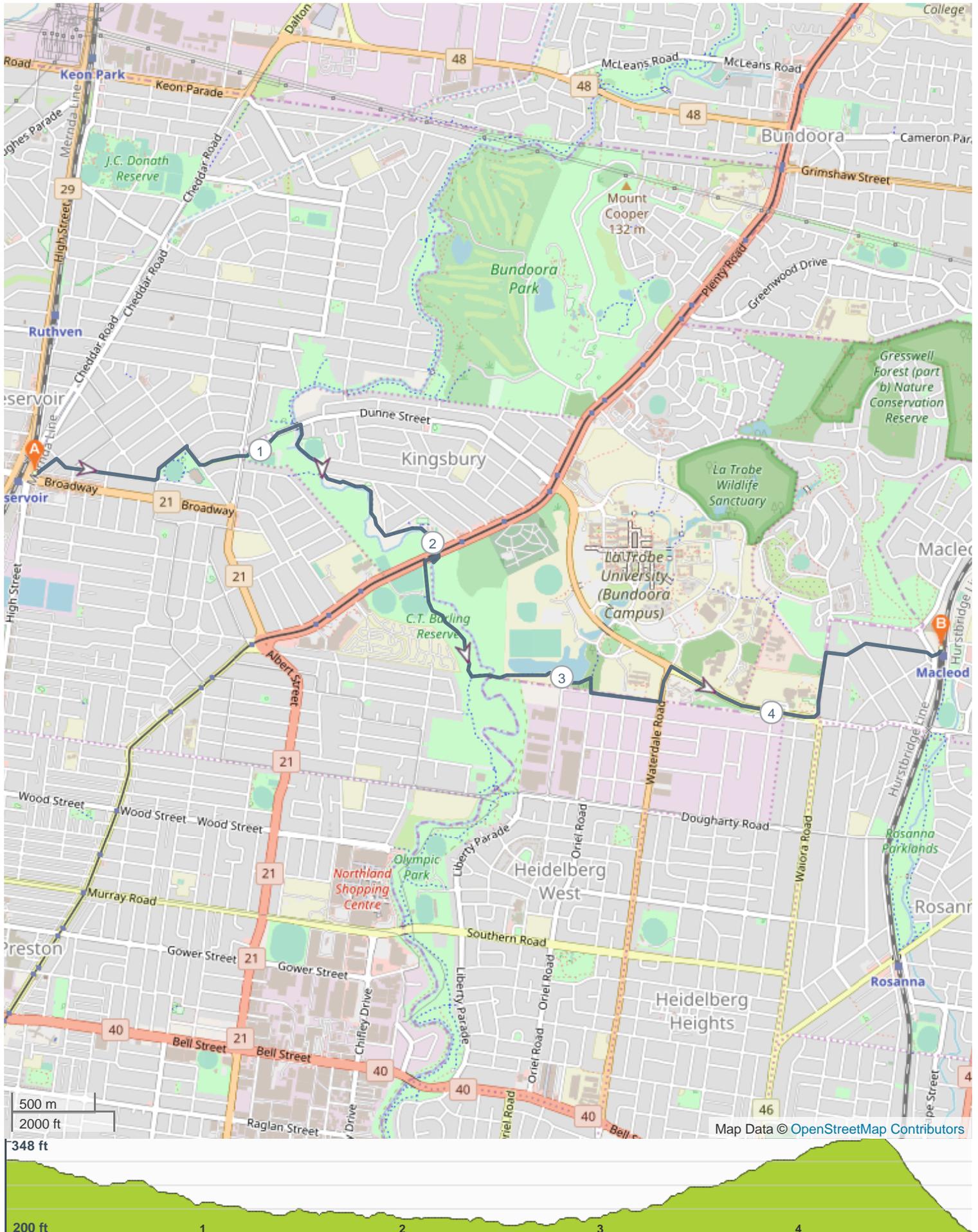
From Reservoir Station cross High St at the lights and then Broadway, to the NE corner of the junction. Royal Pde is straight ahead to the NE.

Once on Royal Parade you will be able to follow the directions on Page 3.

Take it easy enjoy the ride!!

Keep Moving Project - - - - - U3A Darebin Inc - - - - - www.u3adarebin.com.au

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ROUTE DIRECTIONS

No	Miles	Turn	Directions
1	0.000		Cross over to Broadway and start at the end of Royal Parade.
2	0.031	↗	Continue along Royal Parade to Cuthbert Rd and turn Right.
3	0.487	←	At the roundabout, take the first exit into Fordham Rd and go round the North side of the cycling oval - keep oval on your right.
4	0.750	←	After the Evans Cres roundabout, turn left through Strathmerton St Reserve and continue until it crosses Boldrewood Pde and emerges at Dunne St.
5	1.088	→	Turn right onto Dunne St pavement - without crossing the road. Proceed to bridge and cross Darebin Creek.
6	1.192	→	Turn right and go down to Darebin Creek Trail. Continue with the creek close by on your right.
7	1.921		Slight right to stay on Darebin Creek Trail. Continue to the Plenty Rd bridge and pass under the bridge.
8	2.117	←	Go up to the Plenty Rd - steep - low gear - and turn left onto Plenty Rd bridge, crossing the creek on the pavement to reach the bike track, which continues on the other side.
9	2.176	↖	Turn left onto Darebin Creek Trail and continue past sports grounds with the creek on your left.
10	2.659	↖	At the three-way junction, take the left fork towards La Trobe Uni and go down to and across the bridge and up the other side past the lake (on your left). [If you go to the right at the three way junction, you will travel down the Darebin Ck trail to reach Alphington]
11	3.185	←	After you pass the lake you come to another three-way junction. Take the right fork and then turn left into Crissane Rd and proceed along the roadway - usually quiet.
12	3.444	←	Turn left into Waterdale Rd. It is a good idea to use the pavement to reach the traffic lights at Kingsbury Drive.
13	3.595	←	There is a shared path on the North side of Kingsbury Dr. Travel along this until you reach Waiora Rd.
14	4.184	↖	Slight left into Waiora Rd
15	4.390	→	Turn right down Joynt St and continue to the end where you reach MacLeod Station.
16	4.867		Top Effort! Now for the ride back!!